

## Can't Get To Sleep – Lyrics

*School Instrumental Intro*

**I can't get to sleep, I can't get to sleep,  
I'm so tired, I'm so tired.**

*Body Percussion 1 [Chest/clap/knees]:  
Shoot-ing Stars – Light in the Dark-ness  
Body Percussion 2 [Knees/chest/clap]:  
Moon is shi-ning bright-ly  
Both [Stamp]: I can't get to sleep*

Noises, noises everywhere,  
Creaking floorboards, squeaking stairs,  
What is going on out there?!

**Oh, I can't get to sleep, I can't get to sleep,  
I'm so tired, I'm so tired.**

Shadows creeping up the walls,  
Scratching behind the door...  
A fly trapped in a web,  
I'm terrified! Is there a monster under my bed?!

Get me out of this nightmare  
Get me out of this nightmare [+ Echo]  
Get me out of this nightmare [+ Echo]  
Please wake me up, I'm really scared!

It's midnight! – I should be asleep  
It's midnight! – I've counted all the sheep  
It's midnight! – I should be in my bed, be in my bed  
It's midnight! – Time to lay down my head\_\_\_\_

**But, I can't get to sleep, I can't get to sleep,  
I'm so tired, I'm so tired.**

Breathe in, and breathe out slowly x2

*School Instrumental + Body Percussion [Chest + finger-clap]:  
Time to sleep – Night-mares are o-ver*

The midnight sky, shining bright x2

The midnight sky x3 [+ Echo]