**Can’t Get To Sleep – Lyrics**

*School Instrumental Intro*

**I can’t get to sleep, I can’t get to sleep,**

**I’m so tired, I’m so tired.**

*Body Percussion 1 [Chest/clap/knees]:*

*Shoot-ing Stars – Light in the Dark-ness*

*Body Percussion 2 [Knees/chest/clap]:*

*Moon is shi-ning bright-ly*

*Both [Stamp]: I can’t get to sleep*

Noises, noises everywhere,

Creaking floorboards, squeaking stairs,

What is going on out there?!

**Oh, I can’t get to sleep, I can’t get to sleep,**

**I’m so tired, I’m so tired.**

Shadows creeping up the walls,

Scratching behind the door…

A fly trapped in a web,

I’m terrified! Is there a monster under my bed?!

Get me out of this nightmare

Get me out of this nightmare [+ Echo]

Get me out of this nightmare [+ Echo]

Please wake me up, I’m really scared!

It’s midnight! – I should be asleep

It’s midnight! – I’ve counted all the sheep

It’s midnight! – I should be in my bed, be in my bed

It’s midnight! – Time to lay down my head\_\_\_

**But, I can’t get to sleep, I can’t get to sleep,**

**I’m so tired, I’m so tired.**

Breathe in, and breathe out slowly x2

*School Instrumental + Body Percussion [Chest + finger-clap]:*

*Time to sleep – Night-mares are o-ver*

The midnight sky, shining bright x2

The midnight sky x3 [+ Echo]