

Bournemouth Symphony Orchestra expands its series of dementia friendly concerts

Even more people can experience the power of music through the BSO's Cake Concerts, specially developed for people living with dementia.



Cake Concerts with the BSO © Kevin Clifford

Beginning on Friday 13 September in Poole, Bournemouth Symphony Orchestra will be offering regular Cake Concerts throughout the 2019/20 concert season. Taking place in Bournemouth, Christchurch and Poole from September until May, these afternoon concerts combine classical repertoire with tea, cake and light chatter.

The BSO's Cake Concerts are designed especially for people living with dementia. Guests can enjoy tea, coffee and cake whilst sat at tables in a friendly, relaxed setting as they are serenaded by BSO musicians. The BSO's Teatime Trio, consisting of flute, harp and cello, perform a selection of well-known and relaxing favourites from the Baroque period to the present day.

Working closely with Alzheimer's Society, the BSO has designed the Cake Concerts specifically to cater to the needs of those living with dementia, as well as their families, friends and carers. These events have a profound effect on movement and communication amongst audience members, creating a positive shared experience for all who attend.

Over the last few years, the BSO has embedded working with people living with dementia at the heart of its practice. This work was recognised by the Alzheimer's Society who awarded the Orchestra 'Dementia Friendly Organisation of the Year' in November 2017.

For more information about the BSO's Cake Concerts and other work with people living with dementia, please visit bsolive.com

Adult tickets are £5 (including refreshment) and can be purchased through the BSO website and via telephone. Some tickets will also be available on the door. For more information or to book your tickets, please contact Chris Bell on cbell@bsorchestra.co.uk or 01202 644725

Events

The Rose Hall, The Spire, Poole BH15 1DJ

2:30pm – 4:00pm

Friday 13 September

Friday 22 November

Friday 13 December

Friday 14 February

Friday 17 April

Friday 22 May

St Michael's Church, Poole Road, Bournemouth BH2 5QU

2:30pm – 4:00pm

Friday 11 October

St Mark's Church, Wallisdown Road, Bournemouth BH10 4HY

10:30am – 12pm

Friday 13 December

Mudford Wood Community Centre, Pipers Drive, Christchurch BH23 4TR

2:30pm – 4:00pm

Friday 20 March

<https://bsolive.com/projects/cake-concerts/>

ENDS

For further information, enquiries & requests please contact:

Tamsin Eddey at Bournemouth Symphony Orchestra teddey@bsorchestra.co.uk / 01202 644 706

Notes to Editors:

1. Images: 1) Cake Concerts with the BSO © Kevin Clifford
2. Bournemouth Symphony Orchestra is a cultural beacon for the South and South West, existing to give people across the region of over 10,000 square miles the opportunity to experience and participate in great art. As one of the UK's busiest orchestras, the BSO reaches around 5,000 concert-goers per week and is the only UK symphony orchestra not based in a major city.
3. Since its founding in 1893, the BSO has been committed to bringing the highest quality of music to audiences around the world and making music more accessible for everyone. Last year, the BSO made history becoming the first orchestra in the world to form a professional disabled-led ensemble. Six months after the ensemble's creation, BSO Resound became the first disabled-led ensemble to ever perform at the BBC Proms.
4. A core part of the BSO's mission is its work beyond the concert hall. BSO Participate offers a diverse range of people across a myriad of communities the opportunity to experience the power of music, irrespective of circumstance. The BSO organises a variety of activities across the South and South West ranging from inspirational workshops in schools to special performances in care homes. For more information please visit BSOlive.com/bsoparticipate/
5. As a registered arts charity the BSO is increasingly reliant on the support of individuals, charitable trusts and companies. The income earned from ticket sales, commercial activity and grants from public funding sources help the Orchestra greatly and is increasingly invaluable in supporting BSO's on-going mission to enrich and inspire the cultural lives of many.
6. The BSO's Principal Broadcast Partner is BBC Radio 3
7. The BSO is Classic FM's Orchestra in the South of England.