

## The BSO Relaxed Concert: an afternoon for everyone

Audience members of all ages can bring a blanket, beanbag or chairs and relax in the company of the BSO and some of the best-loved classical music ever written.



A grandfather and his grandson enjoy a BSO relaxed concert (Photo credit: Kevin Clifford)

Bournemouth Symphony Orchestra invites one and all to Lighthouse, Poole on Saturday 13 July for a relaxed afternoon of world-class music. The BSO's Relaxed Concert recreates the atmosphere of an outdoor classical spectacular as audience members enjoy the Orchestra perform from the comfort of their own chairs, blankets, cushions or beanbags!

The BSO's Relaxed Concert allows audience members of all ages to enjoy a symphony orchestra concert in a more relaxed atmosphere. The performance is open to all audiences, and the environment is specifically adapted for concertgoers with autistic spectrum conditions, those with sensory, communication or learning difficulties and anyone else who would benefit from a less formal environment.

The BSO Relaxed Concert will be conducted by Marta Gardolińska, the BSO's Leverhulme Young Conductor in Association. Marta has been wowing audiences since she joined the Orchestra in September 2018, with Classical Source describing her as *"highly promising and exciting conductor"*.

With a relaxed attitude to noise, freedom to leave and re-enter the auditorium at any point and a Chill Out area for anyone needing a bit of quiet time before or during the performance, the BSO's Relaxed Concert allows everyone the opportunity to enjoy a world-class orchestra performing.

**Event:** BSO Relaxed Concert

**Venue:** Lighthouse, Poole's Centre for the Arts, Kingland Road, Poole BH15 1UG

**Date:** Saturday 13 July

**Time:** 3pm

**Ticket Prices:** Adults £9 / Under 18s £5

**To Buy Tickets:** Please visit [bsolive.com](http://bsolive.com) or visit or call the Lighthouse Box Office on 01202 280 000

## ENDS

For further information, enquiries & requests please contact:

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## Notes to Editors:

1. Images: 1) grandfather and his grandson enjoy a BSO relaxed concert© Kevin Clifford 2) Marta Gardolinska, BSO Leverhulme Young Conductor in Association© Radek Świątkowski
2. Bournemouth Symphony Orchestra is a cultural beacon for the South and South West, existing to give people across the region of over 10,000 square miles the opportunity to experience and participate in great art. As one of the UK's busiest orchestras, the BSO reaches around 5,000 concert-goers per week and is the only UK symphony orchestra not based in a major city.

3. Since its founding in 1893, the BSO has been committed to bringing the highest quality of music to audiences around the world and making music more accessible for everyone. Last year, the BSO made history becoming the first orchestra in the world to form a professional disabled-led ensemble. Six months after the ensemble's creation, BSO Resound became the first disabled-led ensemble to ever perform at the BBC Proms.
4. A core part of the BSO's mission is its work beyond the concert hall. BSO Participate offers a diverse range of people across a myriad of communities the opportunity to experience the power of music, irrespective of circumstance. The BSO organises a variety of activities across the South and South West ranging from inspirational workshops in schools to special performances in care homes. For more information please visit [BSOlive.com/bsoparticipate/](https://www.bsolive.com/bsoparticipate/)
5. As a registered arts charity the BSO is increasingly reliant on the support of individuals, charitable trusts and companies. The income earned from ticket sales, commercial activity and grants from public funding sources help the Orchestra greatly and is increasingly invaluable in supporting BSO's on-going mission to enrich and inspire the cultural lives of many.
6. The BSO's Principal Broadcast Partner is BBC Radio 3
7. The BSO is Classic FM's Orchestra in the South of England.